

DO YOU HAVE

DIABETES?

DO YOU FEEL ALONE, ISOLATED
OR CONCERNED?

We have a support group which meets on the Third Monday evening of each month (not December) in the Waterside Community Church, South Street in Gosport. All are most welcome!

We meet at 7pm for a chat and a cup of tea followed by a speaker, usually a professional in the care field, with practical demonstrations, questions, answers and discussions.

Together we can learn to beat it!

For more information ring:
Raymond on 01329 664722

Or

Gwen on 01329 281139

Fareham and Gosport Diabetes UK Group

DIABETES UK
CARE. CONNECT. CAMPAIGN.

Registered charity no. 215199